



Reflections of Soul

ECKANKAR, the Path of Spiritual Freedom

Utah Satsang Society of ECKANKAR

JUL/AUG/SEP 2021

**ECK TEMPLE OF UTAH
8105 SOUTH 700 EAST
SANDY, UT 84070**



Please go to <https://eckankar-utah.org/> for online and in-person events.

(801) 542-8070

www.eckankar.org

www.eckankar-utah.org

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Advanced Spiritual Living Courses

JOIN THE EASY WAY CLASS, 1st Sundays, 10:30 a.m. at the Utah Temple of ECK

As a spiritual student, you can work outwardly *and* inwardly with the ECK teachings. Outward study may include the ECK discourses, classes, listening to Sri Harold's talks on a range of spiritual topics, and reading other ECK works. You get to choose.

The inner side comes through practice of the Spiritual Exercises of ECK. These exercises will open you to new worlds of possibility. To aid your exploration is an inner teacher, the Mahanta.

To order your discourse, go to <https://www.eckankar.org>, Engage, Advanced Spiritual Living.

And sign up now to register for *The Easy Way* by going to the Eckankar in Utah website, <https://www.eckankar-utah.org> then choose About Us - Contact Us or contact Lynn Gardner, Spiritual Services, directly at (801) 755-5330. **The class is open for enrollment through Sunday, August 1 at 10:30 a.m. and meets at the Utah Temple of ECK.**

Ready to take your next step spiritually? Learn more about ECKANKAR and how to obtain Spiritual Freedom by visiting:



www.eckankar.org
www.eckankar-utah.org

ECKANKAR (@ECKANKAR) - Twitter

ECKANKAR - YouTube

ECKANKAR (@eckankarofficial) - Instagram

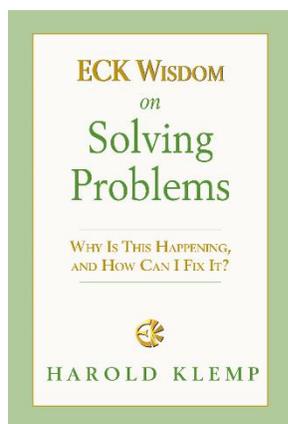
ECK Golden Wisdom Series Book Discussions

2nd and 3rd Wednesdays, 7:00 p.m.

Go to <https://www.eckankar-utah.org> to register

These books, and eight others in this series, are available for \$0.99 at [amazon.com](https://www.amazon.com) and [barnesandnoble.com](https://www.barnesandnoble.com).

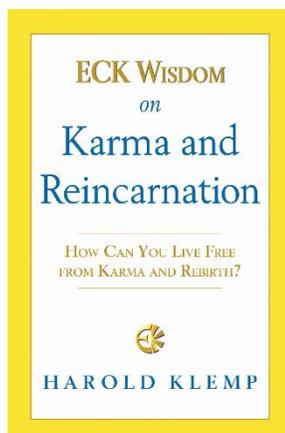
July 14 & 21



Why do we have problems? Why so many? What causes them? Can we avoid them?

Find helpful answers to these questions and unlock the secrets to effective problem solving. Learn creative, time-tested techniques to find the root cause of a problem; change your viewpoint and overcome difficulties; conquer your fears; work beyond symptoms to solutions; kindle your creativity; master your karma, past and present; and receive spiritual guidance that can transform the way you see yourself and your life.

August 11 & 18

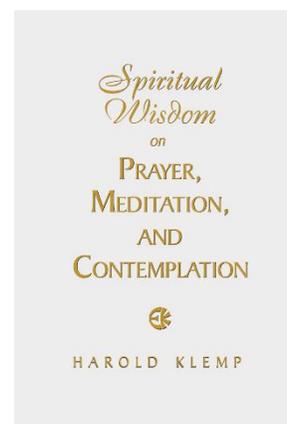


ECK Wisdom on Karma and Reincarnation can help you find greater love and spiritual freedom!

You will discover how you got here; who the Lords of Karma are; how to change karmic patterns and avoid sowing unwanted karmic seeds in your life; how to learn from your past lives; how to graduate from the wheel of reincarnation; and much more.

Try the techniques and spiritual exercises in this book to begin a more joyful and fulfilling life today.

Sept 8 & 15



Spiritual Wisdom on Prayer, Meditation and Contemplation will transform your life!

Discover the source of all truth; how prayer works; the power of chanting; the most beautiful prayer; what lies beyond prayer and meditation; a guide to the most secret part of yourself; and much more.

Try the techniques and spiritual exercises on pages 49-59 to begin a richer, happier, more fulfilling spiritual life today.

Sound of Soul Events

1ST Sundays, 10:30-11:30 a.m.

Go to <https://www.eckankar-utah.org> and view the Public Events Calendar to register



July 4, August 1, September 5, at 10:30 a.m.

Presented by the Utah Satsang Society

A divine sound courses through all life—through every blade of grass, every galaxy, every atom of our bodies. HU is an ancient, sacred name for God—a carrier of love between Soul and God. When sung or chanted with an open heart, it opens the lines of communication to the most sacred part of yourself.

You will hear inspiring spiritual stories, experience the HU Chant, and be able to speak with other like-hearted spiritual seekers. The event is followed by the opportunity to share informally.

July 11 at 10:30 a.m.

Presented by the Colorado Satsang Society

To register, go to the Colorado Eckankar Website: <https://www.eckankar-colorado.org>

To learn more about this beautiful sound, go to:
<https://www.eckankar.org/experience/hu-the-sound-of-soul/>