



# REFLECTIONS OF SOUL

ECKANKAR, the Path of Spiritual Freedom

Utah Satsang Society of ECKANKAR

October/November/December 2019

## *ECK Temple of Utah*

*8105 South 700 East  
Sandy, UT 84070*

### **Open Hours:**

**Sundays, 10:30 a.m.–Noon  
1st Thursdays, 6:30-8:00 p.m.**

**(801) 542-8070**



[WWW.ECKANKAR.ORG](http://WWW.ECKANKAR.ORG)  
[WWW.ECKANKAR-UTAH.ORG](http://WWW.ECKANKAR-UTAH.ORG)

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## *All Are Welcome!*

### **The ECK Light and Sound Services**

**Sandy ECK Temple at 10:30 a.m.  
2nd Sundays**



Each service offers you the chance to explore your own direct connection with the Divine. Services focus on a different spiritual principle with open discussions, sharing experiences, and contemplative exercises.

Oct.13 “Learning to Love God, Each Other & Ourselves”

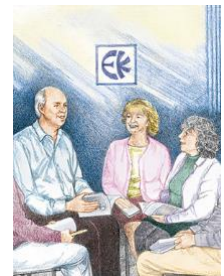
Nov.10 “Developing a Love for All Life”

Dec. 8 “Discover Your Life as a Spiritual Adventure”

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### **Easy Way Satsang Now Forming**

A Satsang is a monthly gathering for the teaching of spiritual topics and principles. The Easy Way lessons were written by Harold Klemp, the spiritual leader of Eckankar. The Easy Way, the first Satsang series, covers such topics as: In Soul You Are Free, Dreams, Karma or Sin, Overcoming the Fear of Death, and many more. To order the discourses, contact Member Services at (952) 380-2222. For more information you may contact the local class coordinator, Lynn Gardner (801) 755-5330. These lessons may also be studied on your own, if you prefer.



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### The Sound of Soul

Sandy ECK Temple at 10:30 a.m.

1<sup>st</sup>, 3<sup>rd</sup>, and 5<sup>th</sup> Sundays



All are welcome to come and sing this ancient sound of HU.

Throughout the ages, followers of many spiritual traditions have used prayer, the singing of holy words, and meditation to bring themselves closer to God. In the same way, those who have discovered HU, an ancient name for God, sing it for their spiritual upliftment.

This group HU chant lasts about 20 minutes, followed by light refreshments and conversation.

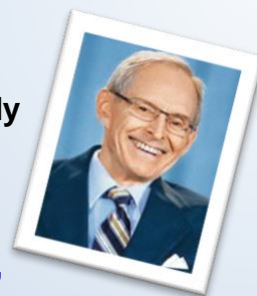
[www.TheSoundofSoul.org](http://www.TheSoundofSoul.org)

### Listen to Harold Klemp's Talks via DVD

4<sup>th</sup> Sundays, 10:30 a.m. at the ECK Temple in Sandy

-with open discussion afterwards

Oct – “God’s Love is a Wonderful Thing”  
Nov – “All Has Meaning: Seeing a Bigger Picture”  
Dec – “The Road to Spiritual Freedom: Travel Tips”



### Open House & Dedication Service for the ECK Temple of Utah November 2-3, 2019

All are welcome to join us at our open house on Saturday, November 2 at 6:30 p.m. and/or the Dedication Service on Sunday, November 3 at 10:30 a.m. Come help us celebrate this next chapter in sharing the teachings of Eckankar with our Utah community of members, friends, families, and neighbors, alike.