



REFLECTIONS OF SOUL

ECKANKAR, the Path of Spiritual Freedom

Utah Satsang Society of ECKANKAR

October / November / December 2018

*Utah Satsang Society
8105 South 700 East
Sandy, UT 84070*

Open Hours
Sundays 10:30am - Noon
1st Thursdays, 6:30 to 8:00pm

www.eckankar-utah.org
801-542-8070



WWW.ECKANKAR.ORG
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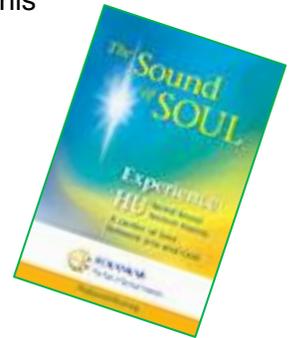
All Are Welcome!

The Sound of Soul

Sandy ECK Center at 10:30am
1st, 3rd, and 5th Sundays

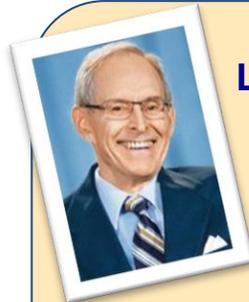
You are welcome to come and sing this ancient sound of HU.

Throughout the ages, followers of many spiritual traditions have used prayer, the singing of holy words, and meditation to bring themselves closer to God. In the same way, those who have discovered HU, an ancient name for God, sing it for their spiritual upliftment.



This group HU chant lasts about 20 minutes.

www.TheSoundofSoul.org



Listen to Harold Klemp's Talks via DVD

Sunday, October 28th
10:30am at the Sandy ECK Center
With open discussion afterwards

"Under the Spread of Holy Wings"

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ECK Light and Sound Services

2nd Sundays at 10:30am

These services offer you a chance to explore your own direct connection with the Divine. As we become more aware of ourselves as spiritual beings, we can see there are miracles, large and small, all around us when we have the insight to recognize them.

Often, these miracles come to us as expressions of God's love for us; either through a sense of well-being, protection, inspiration, or inner guidance. We learn that often they are shown to us in the most unexpected ways; sometimes through our dreams, pets, co-workers, family, or friends.

Each service includes a spiritual exercise, singing the Sound of Soul, the HU, and describes techniques that may be used to connect with the divine.

The service lasts about one hour. Fellowship and a potluck lunch follow.

October 14th – “When God Calls, Are You Listening?”

November 11th – “Keeping Up With Change”

December 9th – “Heaven is a State of Awareness”

Let Spirit Take Charge

“The Sound of God is contained in the word HU, a secret or sacred name for SUGMAD [or God].

This word can be used quietly at work, at home, or anytime you face a crisis. After you have done everything you can do, you sing this word quietly, and then stand back and let Spirit take charge.”

-Harold Klemp

The Sound of Soul, page 68

Harold Klemp is the spiritual leader of Eckankar.

For more information, check

www.eckankar.org