



REFLECTIONS OF SOUL

ECKANKAR, the Path of Spiritual Freedom

Utah Satsang Society of ECKANKAR

July / August / September 2019

ECK Temple of Utah

**8105 South 700 East
Sandy, UT 84070**

Open Hours

**Sundays 10:30am - Noon
1st Thursdays, 6:30 to 8:00pm**

801-542-8070



WWW.ECKANKAR.ORG
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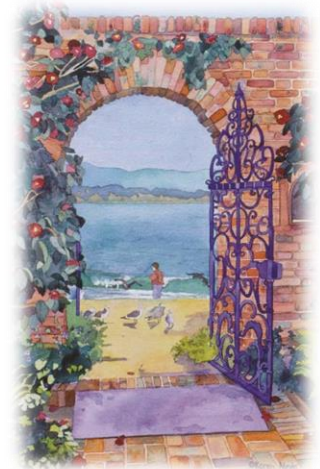
All Are Welcome!

The ECK Light and Sound Services

**Sandy ECK Center at 10:30am
2nd Sundays**

Each service offers you the chance to explore your own direct connection with the Divine. Services focus on a different spiritual principle with open discussions, sharing experiences, and contemplative exercises.

Discover yourself as Soul, an eternal, creative, spiritual being. Connect with the most sacred part of yourself, receive new insights, and magnify love in your life through the Light and Sound of God.



ECK Booth at 2019 Utah Pride Festival

Elliott, Cara, and Todd enjoying a moment of sharing with a visitor to the ECK Booth.

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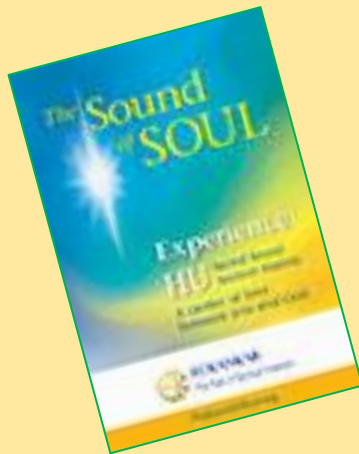
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The Sound of Soul

Sandy ECK Center at 10:30am

1st, 3rd, and 5th Sundays



All are welcome to come and sing this ancient sound of HU.

Throughout the ages, followers of many spiritual traditions have used prayer, the singing of holy words, and meditation to bring themselves closer to God. In the same way, those who have discovered HU, an ancient name for God, sing it for their spiritual upliftment.

This group HU chant lasts about 20 minutes, followed by light refreshments and conversation.

www.TheSoundofSoul.org



Carlos and Lynn at the 2019 EXPO. This was our 5th year with this event, and each year we talk to many visitors to the booth, where we can listen to their experiences, give away books and information, and share the HU Song.

Listen to Harold Klemp's Talks via DVD

4th Sundays, 10:30am
at the ECK Temple in Sandy

With open discussion afterwards

July – “Stand Back for a Better Look”

August – “Acres of Diamonds”

September – “Discover the Mahanta”



For more information about Eckankar events in Utah,
look for us on MeetUp

//www.meetup.com/Eckankar-in-Utah/events